FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT (OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Callahan Jennifer L.</u>				2. Issuer Name and Ticker or Trading Symbol Cingulate Inc. [CING]								neck all ap Dire	olicable)		son(s) to Iss 10% Ov Other (s	vner		
(Last) 1901 W.	(F 47TH PLA	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 12/07/2021								X Officer (give title Officer (specify below) below) Corporate Controller				
(Street) KANSA	S CITY K		66205 (Zip)					Amendment, Date of Original Filed (Month/Day/Year)						Individual or Joint/Group Filing (Check Applicable te) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date,		3. Transact Code (In 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		ed (A) or tr. 3, 4 an	Secur Benef	cially d Following	es Form ally (D) of Following (I) (II		7. Nature of Indirect Beneficial Ownership			
									V	Amount	(A) or (D)	Price	Trans	action(s) 3 and 4)			(Instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	Date,	4. Transactio Code (Inst 8)				6. Date Exercisa Expiration Date (Month/Day/Yea		of Securities		ies g Security	8. Price Derivativ Security (Instr. 5)		ve es ally ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisable		xpiration ate	Title	Amount or Number of Shares					
Stock Option (right to Buy)	\$6	12/07/2021			A		22,459		(1)	1	2/07/2031	Common Stock	22,459	\$0	22,4	59	D	

Explanation of Responses:

1. The option vests in four equal annual installments commencing on December 7, 2022.

/s/ Shane J. Schaffer, Attorney-

in-Fact

** Signature of Reporting Person

Date

12/09/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.