FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washingto

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| on, D.C. 20549 | OMB APPROVA |
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| | OMB Number: | 3235-0287 | | | | |
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| | hours per response. | 0.1 | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Schaffer Shane J. | | | | | 2. Issuer Name and Ticker or Trading Symbol Cingulate Inc. [CING] | | | | | | | | Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | | |
|--|--|--|--|-------------|--|---|-----|--|-------|--|------------------|---|--|--|---|---|--|--|
| (Last) 1901 W. | () 47TH PL <i>P</i> | (First) (Middle) PLACE | | | | 3. Date of Earliest Transaction (Month/Day/Year) 12/07/2021 | | | | | | | | X Officer (give title Other (specify below) Chief Executive Officer | | | | |
| (Street) KANSA | NSAS CITY KS 66205 | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (=:9) | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transa Date | | | | . Transacti | action 2A. Deemed Execution Date, | | | 3. Transac | ction | 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 | | | 5. Amount of | | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | Nature of direct eneficial wnership nstr. 4) | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date if any (Month/Day/Yea | Code | | | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title ar of Securi Underlyir Derivative (Instr. 3 a | ig e Security | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficially Owned Following Reported Transaction | Owner Form: Direct or Ind (I) (Ins | (D) rect | Beneficial Ownership t (Instr. 4) | | |
| | | | | Code | v | (A) | (D) | Date Exercisabl | | xpiration ate | Title | Amount or Number of Shares | | (Instr. 4) | (3) | | | |
| Stock Option (right to Buy) | \$6 | 12/07/2021 | | A | | 179,668 | | (1) | 1 | 2/07/2031 | Common Stock | 179,668 | \$0 | 179,668 | B D | | | |

Explanation of Responses:

1. The option vests in four equal annual installments commencing on December 7, 2022.

/s/ Shane J. Schaffer 12/09/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.